



# ACTIVITIES CALENDAR APRIL-MAY 2020

“ using community gardening and horticultural therapy to help people socialise, learn and thrive ”

Registered Charity 1153883  
Company Number 8399741

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26..	27.11AM - GARDENING WITH MARY @GreenSynergyLincoln2012 "Simple, seasonal gardening activities from Hillside"  National Gardening Week: 28th April-3rd May For more info visit: <a href="http://www.rhs.org.uk/get-involved/national-gardening-week/">www.rhs.org.uk/get-involved/national-gardening-week/</a>	28.  3PM - FITNESS WITH BRAD @bettertogetherlincoln "Lets keep moving together"	29.  1.30 PM - LIVE CHAT WITH STUART @bettertogetherlincoln  3.30 PM - KIDS CLUB VIDEO CALL "fun and games at your virtual hang out with lizzie"	30. 11AM - TRUDY'S GREEN WELLNESS @GreenSynergyLincoln2012 "Keeping us well with nature's toolbox"  3.30 PM - TEEN ZONE VIDEO CALL "virtual hang out with lizzie"	1. 27.Don't forget to visit our Facebook Page for even more gardening ideas, wellbeing tips and family activities for the weekend <a href="http://www.facebook.com/greensynergylincoln2012">www.facebook.com/greensynergylincoln2012</a>	2.
3.	4. 11AM - GARDENING WITH MARY @GreenSynergyLincoln2012 "Simple, seasonal gardening activities from Hillside"	5.  3PM - FITNESS WITH BRAD @bettertogetherlincoln "Lets keep moving together"	6.  1.30 PM - LIVE CHAT WITH STUART @bettertogetherlincoln  3.30 PM - KIDS CLUB VIDEO CALL "fun and games at your virtual hang out with lizzie"	7. 11AM - TRUDY'S GREEN WELLNESS @GreenSynergyLincoln2012 "Keeping us well with nature's toolbox"  3.30 PM - TEEN ZONE VIDEO CALL "virtual hang out with lizzie"	8.	9.
10.	11. 11AM - GARDENING WITH MARY @GreenSynergyLincoln2012 "Simple, seasonal gardening activities from Hillside"	12.  3PM - FITNESS WITH BRAD @bettertogetherlincoln "Lets keep moving together"	13.  1.30 PM - LIVE CHAT WITH STUART @bettertogetherlincoln  3.30 PM - KIDS CLUB VIDEO CALL "fun and games at your virtual hang out with lizzie"	14. 11AM - TRUDY'S GREEN WELLNESS @GreenSynergyLincoln2012 "Keeping us well with nature's toolbox"  3.30 PM - TEEN ZONE VIDEO CALL "virtual hang out with lizzie"	15.	16..
17. National Childrens Day <a href="http://www.nationalchildrensdayuk.com/">www.nationalchildrensdayuk.com/</a>	18. 11AM - GARDENING WITH MARY @GreenSynergyLincoln2012 "Simple, seasonal gardening activities from Hillside"  Mental Health Awareness Week: 18th-25th May. For more info visit: <a href="http://www.rethink.org/get-involved/awareness-days-and-events/mental-health-awareness-week">www.rethink.org/get-involved/awareness-days-and-events/mental-health-awareness-week</a>	19.  3PM - FITNESS WITH BRAD @bettertogetherlincoln "Lets keep moving together"	20.  1.30 PM - LIVE CHAT WITH STUART @bettertogetherlincoln  3.30 PM - KIDS CLUB VIDEO CALL "fun and games at your virtual hang out with lizzie"	21. 11AM - TRUDY'S GREEN WELLNESS @GreenSynergyLincoln2012 "Keeping us well with nature's toolbox"  3.30 PM - TEEN ZONE VIDEO CALL "virtual hang out with lizzie"	22.	25.
23.	24. 11AM - GARDENING WITH MARY @GreenSynergyLincoln2012 "Simple, seasonal gardening activities from Hillside"	25..  3PM - FITNESS WITH BRAD @bettertogetherlincoln "Lets keep moving together"	26.  1.30 PM - LIVE CHAT WITH STUART @bettertogetherlincoln  3.30 PM - KIDS CLUB VIDEO CALL "fun and games at your virtual hang out with lizzie"	27. 11AM - TRUDY'S GREEN WELLNESS @GreenSynergyLincoln2012 "Keeping us well with nature's toolbox"  3.30 PM - TEEN ZONE VIDEO CALL "virtual hang out with lizzie"	28.	1.



For further information and activities:

- 01522 533077 or 07919220583
- [www.greensynergy.org.uk](http://www.greensynergy.org.uk) or [info@greensynergy.org.uk](mailto:info@greensynergy.org.uk)
- @GreenSynergyLincoln2012