



Checklist Coronavirus Prevention Green Synergy July 2020

Hello and a big welcome to Hillside Community Garden,

We are so pleased to be offering a phased return for our activities and projects on Hillside Garden..

As you know Health and Safety is a very important ingredient for having a positive experience on Hillside particularly during this post lockdown time. To ensure everyone is fully on board with minimising the risk of spread of Covid 19 we have produced this stop Covid checklist.

Please read through this and confirm your understanding by signing at the bottom of the page. This will help us all keep well. If you do have any queries please speak to a member of staff.

- I am happy to maintain the 2M distancing rule on Hillside; when working, chatting, during breaks and rest times.
- I will sanitise or wash my hands at the beginning and end of the session
- I have my own drink and snacks
- I will use one pair of gloves and put them in the basket for cleaning at the end of the session or take them home to wash.

- I will disinfect my tools after use by putting the handles in the disinfectant bucket/wiping with disinfectant.
- I have a handkerchief and/or tissues to catch my sneezes etc
- I am aware of passing points on the garden and where I need to give way and show good distance i.e at the container (where the tools are stored) and around the polytunnel.
- During hot weather we recommend you wear a hat to prevent sunstroke and sunburn. Please let us know if you need us to get you one.
- Currently we do not have access to the hospital toilet and are using the one in our office. This requires a thorough cleaning after you have used it including the toilet, taps, door handles etc. Please confirm you are happy to do this.
- If I have a concern about my wellbeing or someone elses I am happy to raise my concern with staff.
- If I have any symptoms of covid 19 I am aware I will need to leave the site and follow government guidelines.

Signed

Date: