



Welcome to our Green Synergy E-Newsletter

Our News & Updates

February 2024 | Issue 14



Great British Clean - Up

Green Synergy will be promoting and supporting this national initiative and arranging a clean-up on Saturday 16th March.

Meet on Hillside Garden from 10am.

Everyone welcome.
Children must be accompanied by an adult.

Please wear suitable, warm and waterproof clothing and footwear.

2024 Events

Here is an overview of the events we are running or attending

over this year. Watch this space as more events are added.

We are always looking for volunteers to help out at the events we run on Hillside Garden, if you have some time to spare please let us know at info@greensynergy.org.uk

Events and Activities 2024



**16th March -Great British Clean -up
Hillside Garden 10am**



**14th April Green Synergy will be at Countryside
Lincs, Lincolnshire Showground 10am - 4pm**



**18th May - Annual Plant Sale
Hillside Garden 10am**

**13th July Open day in aid of Green Synergy
at Aubourn Hall and Gardens, 1pm - 4pm**

**7th August - Family Fun Day
Hillside Garden, 12 noon - 4pm.**



**23rd October - Global Harvest Celebration
Hillside Garden 12 noon - 3pm**

**28th November - Wreath Making Workshop,
5.30 pm. Booking on Eventbrite**



**11th December - Carols on the Garden 1.30pm - 3pm
with Monks Abbey School Choir and Nettleham
Community Choir**

Info@greensynergy.org.uk Phone 01522533077
Registered Charity 1153883 Company No 08399741

Rebecca's New to Nature Story

Green Synergy has been hosting a New to Nature apprenticeship role since July 2023 as the charity wanted to support more young people into green jobs. New to Nature is an exciting programme of paid work placements in nature-focused roles. Our Garden and Horticulture Assistant role is one of 70 roles that has been created across the UK to encourage new and diverse talent



into the Natural Environment sector. The programme is managed by Groundwork UK and funded by The National Lottery Heritage Fund.

The programme aims to support young people on (aged 18-25) who are from ethnically diverse backgrounds, who are living with a disability or are from low-income households.

Rebecca joined Green Synergy as our New to Nature apprentice in July 2023 and she shares her story.

When Rebecca applied to New to Nature, it was the empathy of employees at

Green Synergy that stood out; the compassion for the daily volunteers in the garden was also extended towards applicants. Even in the initial interview for the role, Rebecca's needs were met with kindness and patience. She was able to see the questions that would be asked before the interview took place, and this reasonable adjustment for planning gave her reassurance.

During her placement, Rebecca has regular conversations with team members about different methods of workplace support, from coping strategies to manage overwhelm, to recommending a quiet space outside for mindfulness. This support has helped Rebecca grow as a person – she has found vulnerability and self-expression in her team's understanding, whilst acquiring new skills and qualities of communication, teamwork, confidence, and resilience.

After further training in horticulture, Rebecca intends to apply her learning to ensure unlimited access to nature and support for people with similar workplace needs to herself. She has hopes of using her voice to advocate for neurodivergent people, inspiring them to gain green sector employment, and continue making a difference to others.

Rebecca's placement has highlighted the importance of more representative voices in the green sector. The supportive working environment at her New to Nature placement has made Rebecca feel accepted, included, and valued for who she is. Rebecca shared with Groundwork UK:

"To be supported is the best – it is what it should be, and no one should have to go through discrimination or bullying because of who they are.

"I understand what it feels like to be different and to feel like I can't communicate well. But there's always a way to communicate with people. You just have to think of a different way of going about it. Not everyone is going to think the same as you or be the same as you. So, it's all about adapting things for people.

"I personally have learnt a lot about myself and I feel like I'm becoming a better person because of being in this job.

To read more about Rebecca's journey, please visit: [Rebecca: Garden And Horticulture Assistant at Green Synergy - Groundwork](#)





We are recruiting a new Chair to our Board

Green Synergy is a successful charity that supports people in the most disadvantaged communities in Lincolnshire to improve their mental and physical wellbeing. Our work includes:

- Community gardening and therapeutic horticultural programmes.
- Community engagement events that bring people together to create more life chances, quality green spaces and to re-connect people to green spaces, growing and nature.

Using community gardening to support people to socialise, learn and thrive

We are looking for new Chair of Trustees as our current Chair, Rev Canon Alan Robson is stepping down after 7.5 years. We are looking for someone who loves to lead and is passionate about improving lives and communities through gardening and horticulture.

The role of the Chair of Trustees is to give leadership to the Board and to make sure the Board fulfils its governance duties and responsibilities. Additionally the Chair of Trustees 's role is to support the CEO and team to achieve the aims of Green Synergy, and, at times, represents Green Synergy at functions, meetings and in the press and broadcasting media.

Ideally, we are looking for someone with previous board or leadership experience - although this is not obligatory. Past involvement in areas of business, charities or leadership would also be advantageous. An interest in gardening or horticulture would be valuable and a passion for improving the lives of people in under-served communities is essential.

A wide range of applications are welcomed especially from those with lived experience. The expected time commitment is a bimonthly board meeting and other events. As well as preparing for the board meetings trustees may be called upon for specific advice and support in their areas of expertise.

The role is subject to a DBS Check

Deadline for applications: Noon Friday 15th March 2024

For more information, download the information pack [here](#)

To learn more about our work, please visit www.greensynergy.org.uk.

To arrange an informal conversation please email us at info@greensynergy.org.uk

Green Synergy, 49 Roman Pavement, Lincoln, Lincolnshire. LN2 5RD. Tel: 01522 533077
Charity Number: 1153883 Company Number: 08399741
Email: info@greensynergy.org.uk; Web: www.greensynergy.org.uk

Please note the new extended deadline for applications.

Mental Health & Wellbeing Support

with the following volunteer roles:
Trustees,
Chair of the Board,
Garden Volunteers,
Children and Young People Project Volunteers,
Corporate Volunteers.
For more information please message us at info@greensynergy.org.uk

Green Synergy. 49 Roman Pavement, Lincoln, Lincs, LN2 5RD [Contact Us](#) | [FAQs](#) | [Privacy Policy](#)

Green Synergy | 49 Roman Pavement,, Lincoln, Lincolnshire,
Lincoln, LN2 5RD United Kingdom <https://greensynergy.org.uk/>

[Unsubscribe info@greensynergy.org.uk](mailto:info@greensynergy.org.uk)

[Update Profile](#) | [Our Privacy Policy](#) | [Constant Contact Data
Notice](#)

Sent by info@greensynergy.org.uk powered by



Try email marketing for free today!